

FREE

april 2014

Lexington & Central Kentucky

skirt! magazine

Escape the ordinary.

Everywhere you turn this month, nature is urging you to stir things up. Swim against the tide: Teach your child cursive writing. Clean house: Vote progressive women into office. Save a species: Plant milkweed for the sake of monarchs. Ignore outcomes: *Spend A Day Watching Clouds Instead Of Working The Cloud.* Try a new selfie: Write an alphabetical autobiography in 26 days—the A to Z of you. Be an April fool: Sign up for on-line dating. Rage against the machine: Risk arrest for a cause you believe in. **Bust a rut:** Walk 30 minutes every day for 30 days. **Challenge the neighborhood norm:** Paint your front door a shocking color. **Change the paradigm:** Think “It’s exciting!” instead of “It’s scary.” Choose **enthusiasm:** Tell your adult ego to get out of your way. After all, it’s the first spring of the rest of your life.



Cover copy by Nikki Hardin, art by Mary Richardson

“One day your life will flash before your eyes. Make sure it’s worth watching.”

Gerard Way



"THINK AND WONDER, WONDER AND THINK."

Dr. Senitz

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- 4.** *Through the 25th.* Florals, pastels and hats, oh my! Head down to Keeneland (the Lextran shuttle is only \$1!) for the fabulous tradition of Spring Meet Opening Day.
- 5.** Get an eyeful at Late Night Blackout Ballyhoo featuring over-the-top vaudevillian and burlesque entertainment from Firewater Cabaret and Tinderbox Circus Sideshow. 18+, 10pm, Natasha's.
- 5.** Pace yourself. The Lexington Festival brings together a mind-blowing assortment of indie, rock n' roll and electronic bands from all over the region. Al's Bar, 2pm-2am. lexingtonlexington.com
- 8.** At 76, B.B. King is still singing and playing the blues with relentless passion. Don't miss your chance to see the legendary musician perform at The Lexington Opera House. 7:30pm. 859.233.3535
- 9.** You have 24 hours to contribute to your favorite charity during Kentucky Gives Day, an online fundraising event bringing charities and Kentuckians together for a powerful day of action. kygives.org
- 12.** The No Child Left Hungry Parade in Winchester is a community-wide effort to provide meals to children in need. 11am, City Hall. Admission is \$5 plus a non-perishable food item. 859.556.0978
- 12.** Allure Aveda Salon invites you to an eco-inspired fashion show event benefitting the Kentucky Waterways Alliance. Ticket includes non-alcoholic drinks, appetizers & dessert. 7-10pm, Castle Post.
- 17.** Join NAWBO in honoring Megan Smith, founder/publisher of CAKE&WHISKEY magazine as the 2014 Winner's Circle Award recipient. 11am, Marriott Griffin Gate. lexnawbo.org
- 19.** For some good, dirty fun, check out Kentucky Mudworks' wheel throwing class for adults & children 6+. All tools and supplies provided. 12-2pm. \$25. 859.389.9681
- 25.** Feast your eyes on gorgeous spring fashions! The Grand Reserve hosts Ring in Spring: Fashion's Night Out, benefitting The Nest Center for Women, Children and Families. 8pm-12am
- 26.** Bids for Kids is the Lexington Woman's Club's yearly event to support their Kids' Clothing Center. 10am, Embassy Suites on Newtown Pike. \$50 (\$25 tax deductible). lwkentucky.org
- 28.** Do your part for the fight against breast cancer: at the 2014 Susan G Komen Golf Classic at Andover Golf & Country Club. Register at komenlexington.org or contact Billie Dollins at 859.433.2096



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TwoTiming

Photo by Michelle Aiello



Toniya Coles—Benevolent Beauty

Toniya Coles is one of the most kind-hearted women you will ever meet. Formerly Mrs. Kentucky Plus America 2013, she delivers an empowering, body-positive message through her pageantry. In addition to her job with Clark County Schools, her Coles Catering business, and her roles as a wife and mother of two boys, Toniya still finds time for numerous volunteer efforts in her community of Winchester. Having overcome multiple knee surgeries, Fibromyalgia, and surviving cancer twice, she says, "If you help one person, ten will help you". She certainly lives up to that mindset as an advocate of No Child Left Hungry and the Clark Country Backpack Program. Toniya has helped make it possible to send home 150 backpacks filled with healthy kids' meals every Friday. We wish her the best in her upcoming pageant, Mrs. American Beauty Plus in Atlanta, where she hopes to promote No Child Left Hungry nationally.



Brenda Tollett Pumps Up The Volley-ume

Brenda Tollett is our kind of woman: she goes big or goes home. She once dated a volleyball player, and soon discovered she was terrible. "When you're a bad player, people either steal the ball, or let you play, then yell at you when you make mistakes." So she took an intensive volleyball clinic with an ex-Olympian and hit the court with confidence. Last spring, she opened Bluegrass Volleyball Center (BVC), Lexington's only indoor/outdoor venue with sand and hard courts. She wanted a place where everyone felt welcome, with leagues, families, lessons and socializing under one roof, so she added a snack bar and got a liquor license. An attorney for technology company Vetdata by day, Brenda is known around the office as the "Princess of Possibilities". When not dreaming up new goals to achieve, Brenda spends time with her son and daughter, and her FI Savannah cat, Zeus.



springfever!

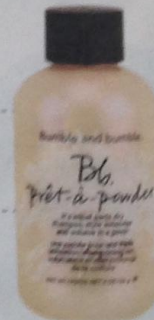


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Versona Accessories
2304 Sir Barton Way
859.264.0377

Tresor Embellished Flats
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Faux Jade Earrings
Charming Charlie
161 Lexington Green Circle, #269
859.373.0067



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